

**DO NOT TAKE** Claritin, Claritin-D, Clarinex, or Clarinex-D for 7 days prior to your test.

**DO NOT TAKE** for 7 days prior to your allergy test:

- ◆Antihistamines or anything containing one (see attached list)
- ◆Tricyclic antidepressants (Hold SSRI drugs the morning of the test only)
- ◆Sedatives (including over the counter sleep aides)
- ◆Nasal sprays that contain antihistamines (Patanase, Astelin, Astepro)
- ◆Ibuprofen (Advil, Motrin, Aspirin, etc.) and nonsteroidal anti-inflammatory drugs (NSAIDs)
- ◆Any supplement containing vitamin C

You **MAY TAKE** the following medications up to the time of your test:

- ◆Asthma medications (try to avoid for 6 hours before the test); bring them with you
- ◆Tylenol (regular or extra-strength only)
- ◆Birth control pills
- ◆Hormones
- ◆Blood pressure medications (except as noted on attached)\*
- ◆Fluid pills
- ◆Plain decongestants (those with no antihistamines)
- ◆Salt water nasal irrigation solution
- ◆Antibiotics

*\* If you take Beta Blockers (see attached list) you cannot have allergy testing or injections. Please discuss this with the allergy nurse before your test or any allergy injections. Also, please notify the allergy staff if you have any cardiac problems, take cardiac medications, or have a pacemaker.*

The test will take from 2 to 3 hours. Please wear something short-sleeved or sleeveless and bring a pair of shorts. When being seen at the allergy clinic for either testing or treatment, please do not wear scented products (body lotion, perfumes, cologne, hair spray, etc.) which may affect your fellow patients. If it is necessary to cancel your test, please notify us at least one business day prior to your appointment. If your test is scheduled on a Monday, please call the answering service and ask them to notify the allergy nurse. If we are not notified and you do not show up for your appointment, there will be a **\$100.00 missed appointment charge**. Please complete the history questionnaire, and any other paperwork that you were given and bring them with you the day of your test.

If you have any questions, please do not hesitate to call us at: 706-546-7908

## DRUGS THAT INTERFERE WITH ALLERGY TESTING

**Antidepressants: OMIT for 3 days prior to allergy test. Please check with your prescribing physician before stopping antidepressants.**

*Please advise the nurse if you are taking Tricyclic Antidepressants.*

### Tricyclic Antidepressants

- ◆Adapin (doxepin)
- ◆Anafranil (clomipramine)
- ◆Asendin (amoxapine)
- ◆Elavil (amitriptyline)
- ◆Etrafon (perphenazine & amitriptyline)
- ◆Limbitrol (chlordiazepoxide & amitriptyline)
- ◆Norpramin (desipramine)
- ◆Pamelor (nortriptyline)
- ◆Sinequan (doxepin)
- ◆Surmontil (trimipramine)
- ◆Tofranil (imipramine)
- ◆Triavil (perphenazine & amitriptyline)
- ◆Vivactil (protriptyline)

### Antidepressants

- ◆Atarax (hydroxyzine)
- ◆Ativan (lorazepam)
- ◆BuSpar (buspirone)
- ◆Desyrel (trazodone)
- ◆Effexor (venlafaxine)
- ◆Lexapro (dexamethylphenidate)
- ◆Nardil (phenelzine sulfate)
- ◆Paxil (paroxetine)
- ◆Prozac (fluoxetine)
- ◆Remeron (mirtazapine)
- ◆Serzone (nefazodone)
- ◆Sinequan (doxepin)
- ◆Surmontil (trimipramine)
- ◆Tofranil (imipramine)
- ◆Trancopal (chlormezanone)
- ◆Tranxene (clorazepate dipotassium)
- ◆Valium (diazepam)
- ◆Vistaril (hydroxyzine pamoate)
- ◆Wellbutrin (bupropion)
- ◆Xanax (alprazolam)
- ◆Zoloft (sertraline)

## DRUGS THAT INTERFERE WITH ALLERGY TESTING

### Antihistamine containing medications: OMIT for 7 days prior to allergy test.

- ◆Actifed
- ◆Allavert
- ◆Allegra (D)
- ◆Atarax
- ◆Atrohist
- ◆Benadryl (Diphenhydramine)
- ◆Chlorpheniramine
- ◆Chlor-Trimeton
- ◆Comhist
- ◆Deconamine
- ◆Dimetapp
- ◆Dramamine
- ◆Excedrin PM
- ◆Isoclor
- ◆Kronofed A
- ◆Kronofed A Jr.
- ◆Marax
- ◆Midol PM
- ◆Naldecon
- ◆Nolahist
- ◆Novahistine
- ◆Nolamine
- ◆Optimine
- ◆Phenergan
- ◆Poly-Histine
- ◆Ritalin
- ◆Rondec
- ◆Ru-Tuss
- ◆Tagamet
- ◆Tavist I
- ◆Tavist II
- ◆Teldrin
- ◆Tylenol PM
- ◆Vistaril
- ◆Xyzal
- ◆Zantac
- ◆Zyrtec (D)

**AVOID** any over-the-counter preparations for cold, sinus or allergy. If in doubt, please call the allergy clinic.

Inhalers should be avoided for **6 hours** before testing, if possible:

- ◆Azmacort
- ◆Alupent
- ◆Brethaire
- ◆Flovent
- ◆Proventil
- ◆Serevent
- ◆Theophylline
- ◆Tilade
- ◆Tornalate
- ◆Ventolin

**Please notify us AT ONCE if you are taking any of the following medications:**

Beta Blockers - for hypertension (generic medicine name ends with *-olol* or *-alol*)

- |              |                            |            |                               |
|--------------|----------------------------|------------|-------------------------------|
| ◆Betapace    | ( <i>sotalol</i> )         | ◆Levatol   | ( <i>penbutolol sulfata</i> ) |
| ◆Blocadren   | ( <i>timolol maleate</i> ) | ◆Lopressor | ( <i>metoprolol</i> )         |
| ◆Brevibloc   | ( <i>esmolol</i> )         | ◆Normodyne | ( <i>labetalol</i> )          |
| ◆Bystolic    | ( <i>nebivolol</i> )       | ◆Normozide | ( <i>labetalol</i> )          |
| ◆Cartrol     | ( <i>carteolol</i> )       | ◆Sectral   | ( <i>acebutolol</i> )         |
| ◆Coreg       | ( <i>carvedilol</i> )      | ◆Tenormin  | ( <i>atenolol</i> )           |
| ◆Corgard     | ( <i>nadolol</i> )         | ◆Tenoretic | ( <i>atenolol</i> )           |
| ◆Corzide     | ( <i>nadolol</i> )         | ◆Timolide  | ( <i>timolol maleate</i> )    |
| ◆Inderal     | ( <i>propranolol</i> )     | ◆Toprol-XL | ( <i>metoprolol</i> )         |
| ◆Inderide    | ( <i>propranolol</i> )     | ◆Trandate  | ( <i>labetalol</i> )          |
| ◆InnoPran-XL | ( <i>propranolol</i> )     | ◆Visken    | ( <i>pindolol</i> )           |
| ◆Kerlone     | ( <i>betaxolol</i> )       | ◆Zebeta    | ( <i>bisoprolol</i> )         |
| ◆Labetalol   | ( <i>generic</i> )         | ◆Ziac      | ( <i>bisoprolol</i> )         |

Ophthalmic Beta Blockers - for glaucoma

- ◆Betaxan (*betaxolol*)
- ◆Betagan (*levobunolol*)
- ◆Betimol (*timolol*)
- ◆Betoptic (*betaxolol*)
- ◆Combigan (*timolol*)
- ◆Cosopt (*timolol*)
- ◆Istalol (*timolol*)
- ◆OptiPranolol (*metipranolol*)
- ◆Teoptic (*carteolol*)
- ◆Timoptic (*timolol*)