



Patients scheduled for allergy skin testing must stop taking any medications containing antihistamines as they will affect the test results. This includes both over-the-counter as well as prescription medications. DO NOT discontinue beta-blockers or antidepressants/psychotropic medications without consulting with your prescribing physician. Call your pharmacy or prescribing physician if you are unsure about the names of your medications.

Medications to stop 21 days before allergy testing (arms only)

Topical Corticosteroids

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|---|---|
| aclometasone (Aclovene) | fluocinonide (Vanos, Lidex) |
| amcinonide (Cyclocort) | flurandrenolide (Cordran) |
| betamethasone (Diprolene, Betanate, Beta-Val) | fluticasone (Cutivate) |
| clobetasol (Clobex, Olux, Temovate) | halcinonide (Halog) |
| desonide (Desonate, Desowen, Lokara, Vereso) | halobetasol (Ultravate) |
| desoximetasone (Topicort) | hydrocortisone (Locoid, Pandel, Westcort) |
| diflorasone (Apexicon) | mometasone (Elocon) |
| fluocinolone (Synalar) | triamcinolone (Cinalog, Kenalog, Triderm) |

Medications to stop 14 days before testing

Tricyclic Antidepressants

- amitriptyline (Elavil, Endep, Etrafon, Limbitrol, Vanatrip)
- amoxapine (Asendin)
- clomipramine (Anafranil)
- desipramine (Norpramin)
- doxepin (Adapin, Sinequan)
- imipramine (Tofranil)
- nortriptyline (Aventyl, Pamelor)
- protriptyline (Vivactil)
- trimipramine (Surmontil)

Atypical Antidepressants & Sedatives

- bupropion (Wellbutrin)
- eszopiclone (Lunesta)
- mirtazapine (Remeron)
- quetiapine (Seroquel)
- trazadone (Desyrel, Oleptro)
- zolpidem (Ambien)

Seven days before testing

Benzodiazepines

- alprazolam (Xanax)
- lorazepam (Ativan)
- midazolam (Versed)
- diazepam (Valium)
- clonazepam (Klonopin)

Beta-blockers (pills and eye drops)

- acebutolol (Sectral)
- atenolol (Tenoretic, Tenormin)
- betaxolol (Betoptic, Kerlone)
- bisoprolol (Zebeta, Ziac)
- carteolol (Cartrol, Ocupress)
- carvedilol (Coreg)
- esmolol (Brevibloc)
- labetalol (Normdyne, Trandate)

- levobunolol (AK-Beta, Betagan)
- levobetaxolol (Betaxon)
- metipranolol (OptiPranolol)
- metoprolol (Lopressor)
- nadolol (Corgard, Corzide)
- penbutolol (LevatoI)
- pindolol (Visken)
- propranolol (Inderal, Inderide)
- sotalol (Betapace, Sorine)
- timolol (Betimol, Blocarden, Ocumeter, Timolide, Cosopt, Occudose, Timoptic)

First Generation Antihistamines

- azatadine (Optimine)
- brompheniramine (Bromax, Lodrane)
- carbinoxamine (Histex, Karbinal, Palgic, Pediatex)

chlorpheniramine (Aller-Chlor, Chlor-Trimeton)
clemastine (Allerhist, Contact, Tavist)
cyproheptadine (Periactin)
dexchlorpheniramine (Polarmine)
diphenhydramine (Benadryl, many other cold and allergy pills)
dimenhydrinate (Dramamine)
hydroxyzine (Atarax, Rezine, Vistaril)
ketotifen (Zatiden)
meclizine (Antivert, Bonine)
methdilazine (Tacaryl)

phenindamine (Nolahist)
promethazine (Chlorpromazine, Phenergan, Promethazine)
pyrilamine (Nisaval)
trimaparazine (Tremaril)
tripelennamine (PBZ)
triprolidine (Myidyl, Tripohist, Zymine)

H2 Blockers

cimetidine (Tagamet), famotidine (Pepcid), ranitidine (Zantac)

Stop one day before testing

Antihistamine Nasal Spray

azelastine (Astelin, Astepro, Patanase, Dymista)

Antihistamine Eye Drops

azelastine (Optivar), olopatadine (Patanase, Pataday, Patanol)

Stop six months before testing

Immunomodulators

omalizumab (Xolair)—others are unknown; discuss with your doctor

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