

COMMON MEDICATIONS CONTAINING ANTIHISTAMINES

MEDICATIONS TO STOP 7 DAYS BEFORE TESTING

Sedating Allergy Medications (All Forms)

Advil Allergy	Carbinoxamine	Ketoifen
Alahist	Chlorpheniramine	Palgic
AlleRX	Clor-Trimeton	Polyhistine
Allergy Relief Medication	Diphenhydramine (Benadryl)	Tylenol Allergy
Brompheniramine (Bromfed)	Doxylamine Extendryl	

Non-Sedating Allergy Medications (All Forms)

Cetirizine (Zyrtec, WalZyr, Aller-tec)	Levocetirizine (Xyzal)	Loratadine (Claritin, Alavert)
Desloratidine (Clarinex)	Fexofenadine (Allegra)	

Cough/Cold/Sinus Remedies

Actifed	Dimetane	Semprex-D
Advil Cold/Sinus	Dimetapp	Sinutab
Aleve Cold	Drixoral	Sudafed Cold+Allergy
Alkaseltzer Plus/Cold	Norel SR/MD	Tanafed
Allerest	Nyquil	Theraflu (All forms)
BC Cold Powder	Pediacare	Time Hist
Benylin Cough	Percogesic	Triaminic (all forms)
Comtrex	Phenyltoloxamine	Tussionex
Contac	Robitussin (many forms)	Tylenol Cold+Sinus
Coricidin	Rondec	Vicks 44M
Co-Tylenol	Rynatan/R-Tannate	Zicam

Sleep Aids

Advil PM	Excedrin PM	Sominex
Hydroxyzine (Atarax/Vistaril)	Modanafil	Tylenol PM/Tylenol Sleep
Doxepin (Sinequan)	Night Time Sleep Aid	
Doxylamine	Nytol	

Anti-Nausea/Vertigo Medications

Cholopromazine	Meclizine (Antivert)	Promethazine (Phenergan)
Dimenhydrinate (Dramamine)	Prochlorperazine (Compazine)	

Stomach Acid Medications

Cimetidine (Tagamet)	Famotidine (Pepcid, Mylanta AR)
	Ranitidine (Zantac)

Itch Relief Medications

Cyproheptadine (Periactin)	Doxepin (Sinequan)	Hydroxyzine (Atarax/Vistaril)
Diphenhydramine (Benadryl)		