

Patients scheduled for allergy skin testing must stop taking any medications that contain antihistamines as they will affect the results of the test. This includes both over the counter as well as prescription medications. **DO NOT** discontinue Beta Blockers, or antidepressants/psychotropic medications without consulting with your prescribing physician. Call your pharmacy or prescribing physician if you are unsure about the names of your medications. It is impossible for us to list every medication, please refer to the drug class, and/or call us with any questions. **A 2–3-hour block is reserved for testing. Therefore, if you do not stop taking required medications, you will be charged a \$100 cancellation fee.**

MEDICATIONS TO STOP 21 DAYS BEFORE ALLERGY TESTING (ARMS ONLY)

Topical Corticosteroids

aclometasone (Aclovate)	fluocinonide (Vanos, Lidex)
amcinonide (Cyclocort)	flurandrenolide (Cordran)
betamethasone (Diprolene, Betanate, Beta-Val)	fluticasone (Cutivate)
clobetasol (Clobex, Olux, Temovate)	halcinonide (Halog)
desonide (Desonate, Desowen, Lokara, Vereso)	halobetasol (Ultravate)
desoximetasone (Topicort)	hydrocortisone (Locoid, Pandel, Westcort)
diflorasone (Apexicon)	mometasone (Elocon)
fluocinolone (Synalar)	triamcinolone (Cinalog, Kenalog, Triderm)

STOP 14 DAYS BEFORE TESTING

Tricyclic Antidepressants

amitriptyline (Elavil, Endep, Etrafon, Limbitrol, Vanatrip)
 amoxampine (Asendin)
 clomipramine (Anafranil)
 desipramine (Norpramin)
 doxepin (Adapin, Sinequan)
 imipramine (Tofranil)
 nortriptyline (Aventyl, Pamelor)
 protriptyline (Vivactil)
 trimipramine (Surmontil)

Atypical Antidepressants & Sedatives

bupropion (Wellbutrin)
 eszopiclone (Lunesta)
 mirtazapine (Remeron)
 quetiapine (Seroquel)
 trazadone (Desyrel, Oleptro)
 zolpidem (Ambien)

STOP 7 DAYS BEFORE TESTING

Benzodiazepines

alprazolam (Xanax)	lorazepam (Ativan)
midazolam (Versed)	diazepam (Valium)
clonazepam (Klonopin)	

Beta-blocker (pills and eye drops)

Acebutolol (Sectral)
Atenolol (Tenoretic, Tenormin)
Betaxolol (Betoptic, Kerlone)
Bisoprolol (Zebeta, Ziac)
Carteolol (Cartrol, Ocupress)
Carvedilol (Coreg)
Esmolol (Brevibloc)
Labetalol (Normdyne, Trandate)
Levobunolol (AK-Beta, Betagan)
Levobetaxolol (Betaxon)

Metipranolol (OptiPranolol)
Metoprolol (Lopressor)
Nadolol (Corgard, Corzide)
Nebivolol (Bystolic)
Penbutolol (Levatol)
Pindolol (Visken)
Propranolol (Inderal, Inderide)
Sotalol (Betapace, Sorine)
Timolol (Betimol, Blocarden, Ocumeter, Timolide, Cosopt, Occudose, Timoptic)

First Generation Antihistamines

azatadine (Optimine)
brompheniramine (Bromax, Lodrane)
carbinoxamine (Histex, Karbinal, Palgic, Pediatex)
chlorpheniramine (Aller-Chlor, Chlor- Trimeton)
clemastine (Allerhist, Contact, Tavist)
cyproheptadine (Periactin)
dexchlorpheniramine (Polarmine)
diphenhydramine (Benadryl, many other cold and allergy pills)
dimenhydrinate (Dramamine)
hydroxyzine (Atarax, Rezine, Vistaril)

ketotifen (Zatiden)
meclizine (Antivert, Bonine)
methdilazine (Tacaryl)
phenindamine (Nolahist)
promethazine (Chlorpromazine, Phenergan, Promethazine)
pyrilamine (Nisaval)
trimaparazine (Tremaril)
tripelennamine (PBZ)
triprolidine (Myidyl, Tripohist, Zymine)

H2 Blockers

cimetidine (Tagamet) famotidine (Pepcid) ranitidine (Zantac)

STOP 1 DAY BEFORE TESTING

Antihistamine Nasal Spray

azelastine (Astelin, Astepro, Patanase, Dymista)

Antihistamine Eye Drops

azelastine (Optivar) olopatadine (Patanase, Pataday, Patanol)

STOP 6 MONTHS BEFORE TESTING

Immunomodulators

omalizumab (Xolair) others are unknown discuss with doctor

PLEASE NOTIFY US BEFORE TESTING IF YOU HAVE DERMATOGRAPHISM OR ANY OTHER SKIN CONDITION.

Dermatographism (also known as skin writing) is a common, benign skin condition. People who have this condition develop welts or a localized hive-like reaction when they scratch their skin. It can also happen when the skin is exposed to pressure or rubbing. This condition is also called dermatographia or dermatographic urticaria.